



Chicago Counseling Collective (CCC) is a connected community of therapists and psychologists located in Chicago. We are an interdisciplinary practice that values collaboration among colleagues from various disciplines, degrees, licensure types, theoretical perspectives, and racial and cultural identity groups. Our training program features a joint cohort of postdocs and masters-level therapists (LPCs) who are working towards independent licensure as psychologists and LCPCs. We offer specialized training and experience in psychodynamic therapy, couples therapy, and group therapy. Please see the CCC website and training page for more information on our training mission and values.

Our postgraduate fellowship is a full-time, supervised, 24 month position with the opportunity to join CCC as a staff member. The first year is focused on obtaining hours for licensure and receiving advanced training in psychodynamic therapy, couples therapy, and group therapy. The second year of this position supports fellows in taking licensure exams (e.g., EPPP, NCHMCE), getting licensed, paneling with insurance companies, and receiving specialized training in supervision with potential opportunities to provide individual and group supervision to CCC trainees (advanced doctoral externs).

Fellows have the opportunity to join CCC as a staff psychologist or staff therapist, and can also join the leadership and supervisory teams at CCC. Start date of the position is Summer or Fall 2024. A competitive compensation package is offered.

### **Eligibility Requirements:**

- Postdoctoral Fellows: Applicants must have graduated from an APA-accredited doctoral program (PhD or PsyD) in clinical or counseling psychology by the start of their position at CCC
- LPCs (or soon to be LPCs): Applicants must have graduated from a CACREP-accredited masters program in clinical, counseling, community mental health, or related field by the start of their position at CCC. Applicants can be in the process of obtaining their LPC from the state of Illinois prior to starting work at CCC. Ideal applicants will have scheduled their NCE, or already have taken the NCE, prior to applying or starting their position at CCC
- As CCC offers specialized training in interpersonal process and modern analytic group therapies, only applicants with prior experience in group therapy and/or interest in acquiring extensive group therapy knowledge and experience will be considered for review
- Applicants with racially and culturally diverse backgrounds and identities are especially encouraged to apply
- Preference is given for candidates with interest and/or experience in psychodynamic, relational, cultural approaches to therapy; Clinical experience with diverse, young adult, and adult populations; Couples therapy

### **Benefits:**

- Status as a W2 employee
- Health insurance benefits (including vision & dental options) with employer contribution
- Highly competitive commission-based compensation
- \$500 professional development fund
- Electronic records/billing software
- 401K with employer contribution after 1 year of employment
- Malpractice insurance coverage
- Sick time, personal/vacation time, and holiday time off
- Beautifully furnished office spaces in Downtown and Northside Chicago
- Support with insurance billing, marketing, building a caseload, preparing for EPPP/NCHMCE and licensure
- Steady flow of referrals
- Opportunity to continue with CCC as a staff member/leadership role with salary re-negotiation

## Expectations & Schedule:

- Late May or Late August start date; 1 day of early on-boarding prior to start date, and 4 to 5 days of onboarding after start date
- 22 to 26 clinical hours per week; combined individual, couples, and group therapy
- Co-lead a therapy group with another supervisee and/or CCC staff member
- Participate in marketing efforts and community outreach presentations during the start of the position in order to build up caseload and referral sources. Training in marketing and technology/software for marketing is provided by CCC.
- Provide couples therapy at least once during training
- Flexible weekly schedule, evenings and/or weekends as needed to fill caseload

## Training Program Curriculum:

- 1 hour weekly individual supervision with a licensed psychologist or licensed clinical professional counselor
- 1 hour weekly professional development seminar. Includes: professional development, navigating private practice, multicultural competence, case consultation
- 1 hour bi-weekly couples therapy seminar. Includes: Emotion Focused Couples Therapy, Gottman method, supervision of couples therapy, readings/articles
- 1 hour bi-weekly group therapy seminar. Includes: supervision of group therapy, review of video, readings/articles, consultation
- 1.5 hour bi-weekly experiential training group with a seasoned group facilitator. Includes: a combination of case consultation, skill development, and experiential learning aimed at further developing connections to colleagues and strengthening the therapist's professional ego
- 1 hour bi-weekly or monthly consult group with staff and fellows
- Professional development trainings in special topics from local experts. Recent trainings have included: Modern Analytic Group Therapy, Emotion Focused Couples Therapy, and Anti-racist clinician training, RO-DBT, Adult ADHD, and Somatic Experiencing

## Supervisor Bios:

### **Dr. Heather Frank, PsyD, CGP, Founder/Clinical Psychologist, Certified Group Psychotherapist**

I have been a licensed psychologist in Illinois since 2014. My approach to supervision is psychodynamic, developmental and relational in nature. I view the supervisory relationship as parallel to the therapeutic relationship. As a supervisor and clinician, I place high value on developing trust, safety and attunement in supervision so that we can explore parallel processes, transference / countertransference dynamics, feeling/body states, in addition to identities in the room (both therapy and supervision) and systemic and cultural factors. To me, supervision is a place for all feelings and reactions to be explored and my hope is to meet each supervisee's needs/goals for their training year and support their overall personal and professional growth. I also identify as a group therapist and enjoy integrating modern analytic group therapy into my supervision and consultation with supervisees.

### **Dr. Stephanie Dykema, PhD, SEP, Director of Clinical Training, Licensed Clinical Psychologist**

I have been a licensed psychologist in Illinois since 2018. I utilize an integrative, feminist-developmental approach to supervision. To me, this approach means I adapt supervision and training to each supervisee's needs, developmental level, and training goals. I highly value fostering trust, authenticity, connection, and a balance of independence and support within the supervision relationship. My approach also means we use supervision to explore personal-professional integration, parallel processes, cultural identities (our own and clients), and dynamics of power, privilege, and oppression in the therapy space and within the supervision relationship. I especially enjoy fostering supervisee's self-awareness, professional identity, social justice advocacy, and cultural-competence. I am excited to share my use of Relational-Cultural Theory, ACT, and Somatic Experiencing, as well as to learn from supervisee's theoretical orientations and knowledge!

***Dr. Kurt Stevens, PsyD, Licensed Clinical Psychologist***

I have been a licensed psychologist in Illinois since 2015. My supervisory style is warm, personal, relational, transparent, collaborative, and exploratory. I believe that the supervisory relationship is salient to establishing a safe, trusting, open, and interconnected space, which helps to foster my supervisee's clinical and professional awareness and growth. I generally conceptualize clients from a psychodynamic perspective (i.e., reflecting on, exploring, and discussing in supervision how a client's past personal and relational experiences, current underlying motivations, and/or largely unconscious thoughts and feelings potentially relate to their current personal and interpersonal functioning). In supervision, I also value exploring and discussing clients' attachment styles and personality dynamics and connecting them to transference/countertransference therapeutic reactions. In addition, since much of my therapeutic approach with clients relies upon my strong intuition, I offer space in supervision to assist supervisees with becoming more attuned to their own intuitive voice in their clinical work. I really enjoy being an integral part of my supervisees' professional and clinical journey!

***Dr. Jeremy Cohen, PhD, Licensed Clinical Psychologist***

I have been a licensed psychologist in Illinois since 2018. Before moving to Chicago, I was a licensed psychologist in Delaware between 2014 and 2018. My approach to supervision centers the supervisory relationship. I strive to create a safe, collaborative, and affirming space for supervisees to deepen their understanding of the therapeutic relationship, their clients, and themselves. I find it important to flexibly attend to our identities, intersecting contexts and systems, transference/countertransference, and parallel process. In addition, I take a developmental approach, meeting supervisees where they are, helping them consolidate their own voice and approach to therapy, and supporting them in their professional identity development. I approach my own work from an integrative perspective, grounding it in core humanistic principles and incorporating developmental, multicultural, interpersonal/relational, psychodynamic, cognitive-behavioral, and mindfulness approaches.

***Dr. Haley Braun, PsyD, Licensed Clinical Psychologist***

I became a licensed psychologist in Illinois in 2023. In my clinical and supervisory work, I practice from a relational-cultural and psychodynamic perspective. What this means for me is that I value genuine connection and relationships with clients and supervisees alike. In the supervision space I believe that the identities and experiences of the client, supervisee, and supervisor are all present and that supervision tends to be richest when we attend to these multiple layers. I aim to create a space in supervision that feels safe, authentic, and collaborative so that, together, we can reflect on and explore transference and countertransference dynamics. I also incorporate a developmental approach to focus on the unique needs and goals of each supervisee.

**Notice of COVID-19 Protocols:**

CCC prioritizes the health and safety of clients and staff. We strive to adhere to the COVID-19 regulations of the CDC, State of Illinois, and City of Chicago. We anticipate having the option for a hybrid work schedule (e.g., in-person/telehealth sessions; work from office/work from home). These options are dependent on current COVID-19 regulations. CCC does not have a requirement regarding the vaccination status of postdoctoral fellows or staff; however, vaccination is highly encouraged when possible.

**Application Process:**

Applications are accepted on a rolling basis until the positions are filled. E-mail application materials to Dr. Stephanie Dykema at: [drsdykema@chicagocounselingcollective.com](mailto:drsdykema@chicagocounselingcollective.com). The following documents are required:

1. Cover letter
2. Resume/Curriculum Vitae
3. Name and contact information for 2 to 3 references; At least reference must be a previous clinical supervisor, while other references may be professors with extensive knowledge of the applicant's clinical and academic strengths