



Chicago Counseling Collective (CCC) is a dynamic community of interdisciplinary psychologists and psychotherapists dedicated to individual, couples and group therapy for adults. CCC launched in 2019 to provide a nurturing and robust training environment that would allow trainees to focus on work they find most meaningful while having good work-life balance. We've since blossomed into a thriving group practice and to date, six trainees have successfully completed our training program and five are in progress.

Our training program delves deep into psychodynamic, couples and group therapy experience and training and features a joint cohort of postdocs and masters-level therapists (LPCs) who are working towards independent licensure. Our underlying mission is to nurture ethical, relational, multiculturally-competent mental health practitioners primed for private practice. We strongly value a collaborative team where diverse disciplines, backgrounds, theoretical perspectives and cultural identities converge, which enhances our collective strength as healers. To get a deeper understanding of our training mission/values, offered seminars, and supervisors/trainers, please visit our website's training page: <https://www.chicagocounselingcollective.com/training-opportunities>

CCC is offering 2-3 postdoctoral fellowship positions and 2-3 postgraduate fellowship (LPCs/soon-to-be LPCs) positions. The training program is 24-months and candidates will build a full-time caseload (~25 client hours/week) as a W2 employee with benefits. Year one focuses on obtaining licensure hours and advanced training. Year two supports postdocs with preparing for the EPPP, getting licensed, and paneling with insurance companies, while year two supports postgraduate fellows (LPCs) with obtaining licensure hours, preparing for the NCHMCE, deepening clinical skills, and developing clinical expertise. Postdocs and LPCs will have the opportunity to join CCC as a staff psychologist or therapist after completing the training program, and potentially join the leadership and supervisory teams.

Start date of the postgraduate fellows is Summer or Fall 2024 and start date for postdocs is Fall 2024.

**Training opportunities include:**

- One (1) hour weekly individual psychodynamic supervision on cases with an experienced, licensed clinical psychologist
- Specialized training in couples therapy and one (1) hour biweekly couples therapy supervision led by Johanna Strockoff, PhD. Includes: Emotion Focused Couples Therapy, Gottman method, supervision of couples therapy, readings/articles.
- Extensive training in interpersonal-process and modern analytic group therapies plus one (1) hour bi-weekly group supervision led by Heather Frank, PsyD, a certified group psychotherapist. Includes supervision of group therapy, review of video, readings/articles, consultation
- Participation in a one and a half (1.5) hour bi-weekly experiential training group led by Jim O'Hern, LCSW, a certified group psychotherapist. Includes a combination of case consultation, skill development, and experiential learning aimed at further developing connections to colleagues and strengthening the therapist's professional ego.
- Co-create and co-facilitate a long-term possess group
- One (1) hour weekly professional development seminar led by Stephanie Dykema, PhD. Includes professional development, navigating private practice, multicultural competence, case consultation.
- Multicultural/social-justice therapy frameworks
- One (1) hour bi-weekly or monthly consultation group with an intimate group of staff and fellows to consult on clinical work and connect with colleagues

- Professional development trainings in special topics from local experts. Recent trainings have included: Modern Analytic Group Therapy, Emotion Focused Couples Therapy, and Anti-racist clinician training, RO-DBT, Adult ADHD, and Somatic Experiencing

**Duties and Responsibilities:**

- Serve a diverse range of clients by providing individual, couples, and group therapy
- Expectation of approximately 25 clinical hours per week, with potential evening or Saturday hours to grow and manage your caseload.
- Co-facilitate an interpersonal process group and provide at least one experience of couples therapy
- Attend postdoc seminars, workshops, staff meetings, and trainings offered by CCC and other professional organizations
- Client care coordination, timely documentation, and other administrative tasks outside of seeing clients

**Eligibility Requirements & Desired Qualifications:**

- Postdoctoral Fellows: Applicants must have graduated from an APA-accredited doctoral program (PhD or PsyD) in clinical or counseling psychology and defended your dissertation and finished your psychology internship by the start of their position at CCC.
- LPCs (or soon to be LPCs): Applicants must have graduated from a CACREP-accredited. masters program in clinical, counseling, community mental health, or related field by the start of their position at CCC. Applicants can be in the process of obtaining their LPC from the state of Illinois prior to starting work at CCC. Ideal applicants will have scheduled their NCE, or already have taken the NCE, prior to applying or starting their position at CCC.
- Clinical experience with diverse, young adult and adult populations
- Demonstrated experience and ability to work collaboratively within a team of colleagues
- Interest or experience in psychodynamic, relational, multicultural approaches to therapy
- Since CCC offers specialized training in group therapy, only applicants with prior group therapy experience or a strong interest in acquiring group therapy knowledge and experience will be considered
- While prior experience in couples therapy isn't required, a genuine interest for learning and providing couples therapy is encouraged
- We especially welcome applications from candidates with diverse racial and cultural backgrounds and identities
- We're particularly interested in candidates who can see themselves joining our vibrant group practice as a staff member upon completion of their fellowship
- Must be an Illinois resident or planning to move to Illinois prior to the fellowship start date

In addition, candidates should possess the following characteristics in order to be successful in a private practice environment: adaptability; openness; curiosity; patience; ability to work independently; self-reflection; strong attention to detail; organization skills; and, a proactive approach to building a caseload, starting a group, or other initiatives.

**Compensation:**

Compensation is competitively based on a percentage of revenue generated from client hours. Trainees on average earn \$45,000-\$55,000 in the first year and \$55,000-\$65,000 in the second year. Please note that it can take a while to establish a full caseload (~6-9 months) and monthly income can vary even after achieving a full caseload. As such, it's essential to be financially prepared for these fluctuations. We will provide more detailed income information during our interview process.

**Additional Benefits:**

- Full time (~35-40 hours/week) as a W2 employee
- Health insurance (BCBS) with employer contribution
- Dental and vision insurance options
- Sick and personal time off
- 401k with an automatic contribution on your behalf (offered after 1 year of employment)
- \$500 professional development fund per year
- Malpractice insurance coverage
- Support with insurance billing, marketing, building a caseload, preparing for EPPP/NCHMCE and licensure
- Option to be 100% remote or a hybrid model (a mix of remote and in-person at either our downtown or Lincoln Square office).
- Opportunity to continue with CCC as a staff member/leadership role with salary re-negotiation

**Fringe Benefits:**

Diverse clinical team that is racial-justice allied and team oriented. Supportive, relaxed and growth-oriented environment, including a structured and thoughtful 90-day onboarding plan when you first start. Flexibility and empowerment to personalize certain aspects of your training experience and work with your ideal clients.

**Expectations & Schedule:**

- Late May or late August start date; One (1) day of early on-boarding prior to start date, and four to five (4-5) days of onboarding after start date
- 22-26 clinical hours per week once a full caseload is achieved; combined individual, couples, and group therapy
- Four to six (4-6) supervision and/or training hours per week; combined individual supervision, group supervision, consult group, and various seminars
- Co-lead a therapy group with another supervisee and/or CCC staff member
- Participate in marketing efforts and community outreach presentations during the start of the position in order to build up caseload and referral sources. Training in marketing and technology/software for marketing is provided by CCC.
- Provide couples therapy at least once during training
- Flexible weekly schedule, evenings and/or weekends as needed to fill caseload

**Application Process:**

Applications are accepted on a rolling basis until the positions are filled. E-mail application materials to Dr. Stephanie Dykema at: [drsdykema@chicagocounselingcollective.com](mailto:drsdykema@chicagocounselingcollective.com). The following documents are required:

1. Cover letter
2. Resume/Curriculum Vitae
1. Name and contact information for 2 to 3 references. At least one reference must be a previous clinical supervisor, while other references may be professors with extensive knowledge of the applicant's clinical and academic strengths