

Summary of Postdoctoral Fellowship

Eligibility Requirements:

- Applicants must have graduated from an APA-accredited doctoral program (PhD or PsyD) in clinical or counseling psychology by the start of the postdoctoral fellowship
- As CCC offers specialized training in interpersonal process and modern analytic group therapies, only applicants with prior experience in group therapy and/or interest in acquiring extensive group therapy knowledge and experience will be considered for review
- Applicants with racially and culturally diverse backgrounds and identities are especially encouraged to apply
- Preference is given for candidates with interest and/or experience in psychodynamic, relational, cultural approaches to therapy; Clinical experience with diverse, young adult, and adult populations; Couples therapy

Benefits:

- Status as a W2 employee
- Health insurance benefits (including vision & dental options) with employer contribution
- Salary range: \$50,000 - \$65,000 (options for set salary or income based on clinical revenue)
- \$500 professional development fund
- Sick time, personal/vacation time, and holiday time off
- Beautifully furnished office spaces in Downtown and Northside Chicago
- Support with insurance billing, marketing, building a caseload, preparing for EPPP and licensure
- Opportunity to continue with CCC as a staff member/leadership role with salary re-negotiation

Expectations & Schedule:

- September 1 start date; possible on-boarding days in August as needed
- 25 to 30 clinical hours per week; combined individual, couples, and group therapy
- Co-lead a therapy group with postdoc fellow and/or with licensed psychologist
- Provide couples therapy at least once during postdoc year
- Flexible weekly schedule, evenings and/or weekends as needed to fill caseload

Training Program Curriculum:

- 1 hour weekly individual supervision with a licensed psychologist
- 1 hour weekly postdoc seminar with Dr. Stephanie Dykema, PhD. Includes: professional development, navigating private practice, multicultural competence, case consultation
- 1 hour bi-weekly couples therapy seminar with Dr. Johanna Strokoff, PhD. Includes: Emotion Focused Couples Therapy, Gottman method, supervision of couples therapy, readings/articles
- 1 hour bi-weekly group therapy seminar with Dr. Heather Frank, PsyD, CGP. Includes: supervision of group therapy, review of video, readings/articles, consultation
- 1.5 hour bi-weekly experiential training group with a seasoned group facilitator. Includes: a combination of case consultation, skill development, and experiential learning aimed at further developing connections to colleagues and strengthening the therapist's professional ego
- 1 hour monthly staff meeting
- 1 hour monthly consultation group
- Professional development trainings in special topics from local experts. Recent trainings have included: Modern Analytic Group Therapy, Emotion Focused Couples Therapy, and Anti-racist clinician training, RO-DBT, Adult ADHD, and Somatic Experiencing

Notice of COVID-19 Protocols:

CCC prioritizes the health and safety of clients and staff. We strive to adhere to the COVID-19 regulations of the CDC, State of Illinois, and City of Chicago. We anticipate having the option for a hybrid work schedule (e.g., in-person/telehealth sessions; work from office/work from home). These options are dependent on current COVID-19 regulations. CCC does not have a requirement regarding the vaccination status of postdoctoral fellows or staff; however, vaccination is highly encouraged when possible.

Supervisors:

Dr. Heather Frank, PsyD, CGP

Founder/Clinical Psychologist
Certified Group Psychotherapist

I have been a licensed psychologist in Illinois since 2014. My approach to supervision is psychodynamic, developmental and relational in nature. I view the supervisory relationship as parallel to the therapeutic relationship. As a supervisor and clinician, I place high value on developing trust, safety and attunement in supervision so that we can explore parallel processes, transference / countertransference dynamics, feeling/body states, in addition to identities in the room (both therapy and supervision) and systemic and cultural factors. To me, supervision is a place for all feelings and reactions to be explored and my hope is to meet each supervisee's needs/goals for their training year and support their overall personal and professional growth. I also identify as a group therapist and enjoy integrating modern analytic group therapy into my supervision and consultation with supervisees.

Dr. Stephanie Dykema, PhD

Director of Clinical Training
Licensed Clinical Psychologist

I have been a licensed psychologist in Illinois since 2018. I utilize an integrative, feminist-developmental approach to supervision. To me, this approach means I adapt supervision and training to each postdocs' needs, developmental level, and training goals. My approach also means I value exploration of personal-professional integration, parallel processes, cultural identities (our own and clients), and dynamics of power, privilege, and oppression. I especially enjoy fostering postdoc's self-awareness, professional identity, social justice advocacy, and cultural-competence. I am excited to share my use of Relational-Cultural Theory and Acceptance and Commitment Theory as well as to learn from postdocs' theoretical orientations and knowledge!

Dr. Kurt Stevens, PsyD

Licensed Clinical Psychologist

I have been a licensed psychologist in Illinois since 2015. My supervisory style is warm, personal, relational, transparent, collaborative, and exploratory. I believe that the supervisory relationship is salient to establishing a safe, trusting, open, and interconnected space, which helps to foster my supervisee's clinical and professional awareness and growth. I generally conceptualize clients from a psychodynamic perspective (i.e., reflecting on, exploring, and discussing in supervision how a client's past personal and relational experiences, current underlying motivations, and/or largely unconscious thoughts and feelings potentially relate to their current personal and interpersonal functioning). In supervision, I also value exploring and discussing clients' attachment styles and personality dynamics and connecting them to transference/countertransference therapeutic reactions. In addition, since much of my therapeutic approach with clients relies upon my strong intuition, I offer space in supervision to assist supervisees with becoming more attuned to their own intuitive voice in their clinical work. I really enjoy being an integral part of my supervisees' professional and clinical journey!

Dr. Jeremy Cohen, PhD

Licensed Clinical Psychologist

I have been a licensed psychologist in Illinois since 2018. Before moving to Chicago, I was a licensed psychologist in Delaware between 2014 and 2018. My approach to supervision centers the supervisory relationship. I strive to create a safe, collaborative, and affirming space for supervisees to deepen their understanding of the therapeutic relationship, their clients, and themselves. I find it important to flexibly attend to our identities, intersecting contexts and systems, transference/countertransference, and parallel process. In addition, I take a developmental approach, meeting supervisees where they are, helping them consolidate their own voice and approach to therapy, and supporting them in their professional identity development. I approach my own work from an integrative perspective, grounding it in core humanistic principles and incorporating developmental, multicultural, interpersonal/relational, psychodynamic, cognitive-behavioral, and mindfulness approaches.

Application Process:

Applications are accepted on a rolling basis until the positions are filled. E-mail application materials to Dr. Stephanie Dykema at: drsdykema@chicagocounselingcollective.com. The following documents are required:

1. Cover letter
2. Resume/Curriculum Vitae
3. Name and contact information for 2 to 3 references; At least reference must be a previous clinical supervisor, while other references may be professors with extensive knowledge of the applicant's clinical and academic strengths