

# INTERPERSONAL PROCESS GROUP

In this therapy group you can expect to deepen your understanding of yourself and your patterns in relationships. The purpose of this group is to provide members a safe space to share authentically, gain support from others, give and receive interpersonal feedback to learn and grow, and practice new ways of engaging in relationships.

We welcome folx of all genders, cultures, identities, and life experiences.

**Meets Thursdays 3:00 PM - 4:15 PM CST Via Zoom**

**\$70 per session. Cigna, Aetna, USHIP, and BCBS accepted. Sliding fee available.**

If you are interested in joining this group, please email [drhfrank@chicagocounselingcollective.com](mailto:drhfrank@chicagocounselingcollective.com) and [drkstevens@chicagocounselingcollective.com](mailto:drkstevens@chicagocounselingcollective.com) or call 312-600-8310. We provide a free initial consultation to answer questions and discuss your interest in the group.

Facilitated by Dr. Heather Frank &  
Dr. Kurt Stevens

